# COVID-19 in an Austere Environment: ISOLATION CHECKLIST

Isolation is a medical function to treat and separate those sick from non-sick exposed to a contagious disease, identifying them as "Persons Under Investigation (PUIs)."

#### <u>Designate Provider</u>

- Designate single healthcare provider for infectious disease screening & treatment.
- Prepare closed, separate room/tent, or treatment area with entrances distanced from common areas.
- PPE supply box for medical personnel should be placed outside entrance.

### <u>Maintain Hygiene</u>

- Ensure adequate hand washing/sanitizing supplies are available inside/outside isolation area.
- Keep patient hygiene items within isolation areas. Use disposable hygiene wipes.
- Use capped water bottles for saliva/urine and improvised, lined bedside commodes for fecal waste.

Warning: COVID-19 sputum & fecal matter is infectious, hazardous waste.

#### **Ensure Proper Handling & Disposal**

- Use separate, bagged waste in isolation area. Double-bag by placing isolation trash in a closed "Biohazard" receptacle directly outside door. Dispose daily.
- Trained, non-essential/non-high-risk personnel should handle hazardous waste.
- Strictly follow unit & theater hazardous waste policies. Consider local population's access to trash: bury (preferred) or burn (downwind of population).

## Limit Interaction

- No visitors allowed within isolation area.
- PUIs MAY NOT leave unless directed by medical personnel and accompanied by escort. PUI and escort must be PPE-protected and wear cloth face coverings or masks and wash hands prior to leaving isolation.
- Keep isolation medical personnel to absolute minimum and consolidate procedures to one event to minimize exposure.

Visit https://jts.amedd.army.mil/index.cfm/PI\_CPGs/COVID-19 to read the full COVID-19 guidance for austere environments.









